

# Fin Henri Lecluyse: Session: 1: COACH evaluation sheet for TEAM: ROSC

Coachinfo: Warming up from: 13:30 until 14:20. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Vercooren cheyenne

Coaches: Segaert Wim HEADCOACH

Coaches: Ryckeman Brian

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

## Event number: 1: 100M FREESTYLE WOMEN 10-9 Heat:2, starttime: 14:32

Heat: 2/2 Lane : 4 Athlete: DAUWE EMMA Q-time: 01:24:08

PB (25m pool): 01:30.79 Diksmuide 08/02/2026 PB (50m pool): 01:24.08 SB: 01:30.79 Diksmuide 08/02/2026

	25 M	50 M	75 M	100 M	
PB		00:43.75		01:30.79	
	00:43.75		00:47.04		
	.....	.....	.....	.....	

Coach feedback:

## Event number: 2: 100M FREESTYLE MEN 10-9 Heat:2, starttime: 14:37

Heat: 2/2 Lane : 5 Athlete: QUARTIER QUINN Q-time: 01:18:22

PB (25m pool): 01:20.82 Diksmuide 08/02/2026 PB (50m pool): 01:18.22 SB: 01:20.82 Diksmuide 08/02/2026

	25 M	50 M	75 M	100 M	
PB		00:37.13		01:20.82	
	00:37.13		00:43.69		
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Coach feedback:

## Event number: 3: 100M MEDLEY WOMEN 11+ Heat:1, starttime: 14:40

Heat: 1/8 Lane : 4 Athlete: DE CLOEDT DELGADO LISA Q-time: 01:30:05

PB (25m pool): 01:30.05 Diksmuide 08/02/2026 PB (50m pool): no time SB: 01:30.05 Diksmuide 08/02/2026

	25 M	50 M	75 M	100 M	
PB		00:41.67		01:30.05	
	00:41.67		00:48.38		
	.....	.....	.....	.....	

Coach feedback:

# Fin Henri Lecluyse: Session: 1: COACH evaluation sheet for TEAM: ROSC

<b>Event number: 3: 100M MEDLEY WOMEN 11+</b>				<b>Heat:2, starttime: 14:42</b>	
<b>Heat: 2/8 Lane : 3 Athlete: NAESSENS MYRTHE</b>				<b>Q-time: 01:29:45</b>	
PB (25m pool): 01:29.45 Meulebeke 06/04/2025			PB (50m pool): no time SB: 01:30.47 Diksmuide 08/02/2026		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		no time		01:29.45	
	<i>no time</i>				
	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 3: 100M MEDLEY WOMEN 11+</b>				<b>Heat:3, starttime: 14:44</b>	
<b>Heat: 3/8 Lane : 2 Athlete: SEGAERT HANNE</b>				<b>Q-time: 01:26:47</b>	
PB (25m pool): 01:26.47 WAREGEM 27/09/2025			PB (50m pool): no time SB: 01:26.47 WAREGEM 27/09/2025		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		no time		01:26.47	
	<i>no time</i>				
	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 3: 100M MEDLEY WOMEN 11+</b>				<b>Heat:3, starttime: 14:44</b>	
<b>Heat: 3/8 Lane : 3 Athlete: ANTIERENS LOUISE</b>				<b>Q-time: 01:25:10</b>	
PB (25m pool): 01:25.10 Diksmuide 08/02/2026			PB (50m pool): no time SB: 01:25.10 Diksmuide 08/02/2026		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:40.32		01:25.10	
	<i>00:40.32</i>		<i>00:44.78</i>		
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Coach feedback:

<b>Event number: 3: 100M MEDLEY WOMEN 11+</b>				<b>Heat:4, starttime: 14:46</b>	
<b>Heat: 4/8 Lane : 3 Athlete: CANNIERE ERIN</b>				<b>Q-time: 01:21:35</b>	
PB (25m pool): 01:21.35 Diksmuide 08/02/2026			PB (50m pool): no time SB: 01:21.35 Diksmuide 08/02/2026		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:38.21		01:21.35	
	<i>00:38.21</i>		<i>00:43.14</i>		
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Coach feedback:

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<b>Event number: 3: 100M MEDLEY WOMEN 11+</b>				<b>Heat:6, starttime: 14:49</b>	
<b>Heat: 6/8 Lane : 1 Athlete: JUNGBLUTH ELISE</b>				<b>Q-time: 01:16:91</b>	
PB (25m pool): 01:15.27 Diksmuide 29/12/2024			PB (50m pool): no time SB: 01:16.91 Diksmuide 08/02/2026		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:35.48		01:15.27	
		00:35.48		00:39.79	
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Coach feedback:

<b>Event number: 3: 100M MEDLEY WOMEN 11+</b>				<b>Heat:7, starttime: 14:51</b>	
<b>Heat: 7/8 Lane : 1 Athlete: DEVUYST OONA</b>				<b>Q-time: 01:14:28</b>	
PB (25m pool): 01:14.28 Diksmuide 08/02/2026			PB (50m pool): no time SB: 01:14.28 Diksmuide 08/02/2026		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:34.03		01:14.28	
		00:34.03		00:40.25	
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Coach feedback:

<b>Event number: 3: 100M MEDLEY WOMEN 11+</b>				<b>Heat:7, starttime: 14:51</b>	
<b>Heat: 7/8 Lane : 2 Athlete: RYCKEMAN ELLA</b>				<b>Q-time: 01:14:01</b>	
PB (25m pool): 01:14.01 Diksmuide 08/02/2026			PB (50m pool): no time SB: 01:14.01 Diksmuide 08/02/2026		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:33.50		01:14.01	
		00:33.50		00:40.51	
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Coach feedback:

<b>Event number: 4: 100M MEDLEY MEN 11+</b>				<b>Heat:2, starttime: 14:57</b>	
<b>Heat: 2/7 Lane : 8 Athlete: FERKET AIDAN</b>				<b>Q-time: 01:29:57</b>	
PB (25m pool): 01:29.57 Diksmuide 08/02/2026			PB (50m pool): no time SB: 01:29.57 Diksmuide 08/02/2026		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:41.03		01:29.57	
		00:41.03		00:48.54	
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Coach feedback:

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<b>Event number: 4: 100M MEDLEY MEN 11+</b>				<b>Heat:3, starttime: 14:59</b>	
<b>Heat: 3/7 Lane : 5 Athlete: STAELENS TYLER</b>				<b>Q-time: 01:20:91</b>	
PB (25m pool): 01:20.91 Diksmuide 08/02/2026			PB (50m pool): no time SB: 01:20.91 Diksmuide 08/02/2026		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:36.06		01:20.91	
	00:36.06		00:44.85		
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Coach feedback:

<b>Event number: 4: 100M MEDLEY MEN 11+</b>				<b>Heat:3, starttime: 14:59</b>	
<b>Heat: 3/7 Lane : 8 Athlete: LAFORCE LANDER</b>				<b>Q-time: 01:23:19</b>	
PB (25m pool): 01:23.19 Diksmuide 28/12/2025			PB (50m pool): no time SB: 01:23.19 Diksmuide 28/12/2025		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:36.95		01:23.19	
	00:36.95		00:46.24		
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Coach feedback:

<b>Event number: 4: 100M MEDLEY MEN 11+</b>				<b>Heat:4, starttime: 15:01</b>	
<b>Heat: 4/7 Lane : 3 Athlete: SEGAERT KOBE</b>				<b>Q-time: 01:16:85</b>	
PB (25m pool): 01:16.85 Diksmuide 08/02/2026			PB (50m pool): no time SB: 01:16.85 Diksmuide 08/02/2026		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:36.79		01:16.85	
	00:36.79		00:40.06		
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Coach feedback:

<b>Event number: 4: 100M MEDLEY MEN 11+</b>				<b>Heat:4, starttime: 15:01</b>	
<b>Heat: 4/7 Lane : 4 Athlete: DAUWE LARS</b>				<b>Q-time: 01:15:73</b>	
PB (25m pool): 01:15.73 Diksmuide 28/12/2025			PB (50m pool): no time SB: 01:15.73 Diksmuide 28/12/2025		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:35.30		01:15.73	
	00:35.30		00:40.43		
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Coach feedback:

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<b>Event number: 5: 100M BACKSTROKE MIXED 10-9</b>				<b>Heat:2, starttime: 15:11</b>	
<b>Heat: 2/2 Lane : 4 Athlete: DAUWE EMMA</b>				<b>Q-time: 01:29:70</b>	
PB (25m pool): 01:29.70 Meulebeke 19/04/2026			PB (50m pool): no time SB: 01:29.70 Meulebeke 19/04/2026		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:44.32		01:29.70	
		00:44.32		00:45.38	
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Coach feedback:

<b>Event number: 6: 100M FREESTYLE WOMEN 11+</b>				<b>Heat:1, starttime: 15:14</b>	
<b>Heat: 1/7 Lane : 2 Athlete: DE CLOEDT DELGADO LISA</b>				<b>Q-time: 01:22:43</b>	
PB (25m pool): 01:22.43 Diksmuide 28/12/2025			PB (50m pool): 01:22.83 SB: 01:22.43 Diksmuide 28/12/2025		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:38.56		01:22.43	
		00:38.56		00:43.87	
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Coach feedback:

<b>Event number: 6: 100M FREESTYLE WOMEN 11+</b>				<b>Heat:1, starttime: 15:14</b>	
<b>Heat: 1/7 Lane : 6 Athlete: NAESSENS MYRTHE</b>				<b>Q-time: 01:19:48</b>	
PB (25m pool): 01:18.86 leper 07/01/2024			PB (50m pool): 01:19.68 SB: 01:19.48 leper 04/01/2026		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		no time		01:18.86	
		no time			
	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 6: 100M FREESTYLE WOMEN 11+</b>				<b>Heat:2, starttime: 15:16</b>	
<b>Heat: 2/7 Lane : 6 Athlete: ANTIERENS LOUISE</b>				<b>Q-time: 01:12:41</b>	
PB (25m pool): 01:18.47 Menen 01/05/2025			PB (50m pool): 01:12.41 SB: no time		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:37.52		01:18.47	
		00:37.52		00:40.95	
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Coach feedback:

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<b>Event number: 6: 100M FREESTYLE WOMEN 11+</b>				<b>Heat:3, starttime: 15:18</b>	
<b>Heat: 3/7 Lane : 2 Athlete: SEGAERT HANNE</b>				<b>Q-time: 01:11:25</b>	
PB (25m pool): 01:11.97 leper 04/01/2026			PB (50m pool): 01:11.25 SB: 01:11.97 leper 04/01/2026		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:34.77		01:11.97	
	00:34.77		00:37.20		
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Coach feedback:

<b>Event number: 6: 100M FREESTYLE WOMEN 11+</b>				<b>Heat:3, starttime: 15:18</b>	
<b>Heat: 3/7 Lane : 8 Athlete: CANNIERE ERIN</b>				<b>Q-time: 01:11:63</b>	
PB (25m pool): 01:12.92 Diksmuide 28/12/2025			PB (50m pool): 01:11.63 SB: 01:12.92 Diksmuide 28/12/2025		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:34.63		01:12.92	
	00:34.63		00:38.29		
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Coach feedback:

<b>Event number: 6: 100M FREESTYLE WOMEN 11+</b>				<b>Heat:5, starttime: 15:21</b>	
<b>Heat: 5/7 Lane : 5 Athlete: RYCKEMAN ELLA</b>				<b>Q-time: 01:05:41</b>	
PB (25m pool): 01:06.00 Diksmuide 28/12/2025			PB (50m pool): 01:05.41 SB: 01:06.00 Diksmuide 28/12/2025		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:31.86		01:06.00	
	00:31.86		00:34.14		
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Coach feedback:

<b>Event number: 6: 100M FREESTYLE WOMEN 11+</b>				<b>Heat:5, starttime: 15:21</b>	
<b>Heat: 5/7 Lane : 8 Athlete: JUNGBLUTH ELISE</b>				<b>Q-time: 01:06:98</b>	
PB (25m pool): 01:05.33 LAGO Zwevegem 20/05/2024			PB (50m pool): 01:06.90 SB: 01:06.98 leper 04/01/2026		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		no time		01:05.33	
	no time				
	.....	.....	.....	.....	

Coach feedback:

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<b>Event number: 6: 100M FREESTYLE WOMEN 11+</b>				<b>Heat:7, starttime: 15:24</b>	
<b>Heat: 7/7 Lane : 8 Athlete: DEVUYST OONA</b>				<b>Q-time: 01:02:60</b>	
PB (25m pool): 01:02.60 Menen 01/05/2026			PB (50m pool): 01:03.50 SB: 01:02.60 Menen 01/05/2026		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:30.03		01:02.60	
		00:30.03		00:32.57	
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Coach feedback:

<b>Event number: 7: 100M FREESTYLE MEN 11+</b>				<b>Heat:1, starttime: 15:26</b>	
<b>Heat: 1/7 Lane : 5 Athlete: FERKET AIDAN</b>				<b>Q-time: 01:16:76</b>	
PB (25m pool): 01:20.47 Diksmuide 28/12/2025			PB (50m pool): 01:16.76 SB: 01:20.47 Diksmuide 28/12/2025		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:39.76		01:20.47	
		00:39.76		00:40.71	
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Coach feedback:

<b>Event number: 7: 100M FREESTYLE MEN 11+</b>				<b>Heat:3, starttime: 15:30</b>	
<b>Heat: 3/7 Lane : 3 Athlete: LAFORCE LANDER</b>				<b>Q-time: 01:08:65</b>	
PB (25m pool): 01:09.92 Zwevegem 11/05/2025			PB (50m pool): 01:08.65 SB: 01:09.95 Diksmuide 28/12/2025		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:33.77		01:09.92	
		00:33.77		00:36.15	
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Coach feedback:

<b>Event number: 7: 100M FREESTYLE MEN 11+</b>				<b>Heat:4, starttime: 15:32</b>	
<b>Heat: 4/7 Lane : 3 Athlete: SEGAERT KOBE</b>				<b>Q-time: 01:05:72</b>	
PB (25m pool): 01:06.52 Ieper 04/01/2026			PB (50m pool): 01:05.72 SB: 01:06.52 Ieper 04/01/2026		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:33.30		01:06.52	
		00:33.30		00:33.22	
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Coach feedback:

# Fin Henri Lecluyse: Session: 1: COACH evaluation sheet for TEAM: ROSC

<b>Event number: 7: 100M FREESTYLE MEN 11+</b>				<b>Heat:4, starttime: 15:32</b>	
<b>Heat: 4/7 Lane : 5 Athlete: DAUWE LARS</b>				<b>Q-time: 01:05:14</b>	
PB (25m pool): 01:05.28 Menen 01/05/2026			PB (50m pool): 01:05.14 SB: 01:05.28 Menen 01/05/2026		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:31.55		01:05.28	
	00:31.55		00:33.73		
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Coach feedback:

<b>Event number: 7: 100M FREESTYLE MEN 11+</b>				<b>Heat:4, starttime: 15:32</b>	
<b>Heat: 4/7 Lane : 7 Athlete: STAELENS TYLER</b>				<b>Q-time: 01:06:91</b>	
PB (25m pool): 01:08.56 leper 04/01/2026			PB (50m pool): 01:06.91 SB: 01:08.56 leper 04/01/2026		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:33.12		01:08.56	
	00:33.12		00:35.44		
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Coach feedback:

<b>Event number: 8: 100M BREASTSTROKE WOMEN 11+</b>				<b>Heat:1, starttime: 15:58</b>	
<b>Heat: 1/4 Lane : 2 Athlete: DE CLOEDT DELGADO LISA</b>				<b>Q-time: 01:41:32</b>	
PB (25m pool): 01:41.32 Diksmuide 08/02/2026			PB (50m pool): 01:47.17 SB: 01:41.32 Diksmuide 08/02/2026		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:10.49		01:41.32	
	00:10.49		01:30.83		
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Coach feedback:

<b>Event number: 8: 100M BREASTSTROKE WOMEN 11+</b>				<b>Heat:2, starttime: 16:01</b>	
<b>Heat: 2/4 Lane : 5 Athlete: CANNIERE ERIN</b>				<b>Q-time: 01:27:12</b>	
PB (25m pool): 01:27.12 Menen 01/05/2026			PB (50m pool): 01:27.49 SB: 01:27.12 Menen 01/05/2026		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:41.02		01:27.12	
	00:41.02		00:46.10		
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Coach feedback:

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<b>Event number: 8: 100M BREASTSTROKE WOMEN 11+</b>				<b>Heat:2, starttime: 16:01</b>	
<b>Heat: 2/4 Lane : 6 Athlete: ANTIERENS LOUISE</b>				<b>Q-time: 01:28:23</b>	
PB (25m pool): 01:37.34 Zwevegem 11/05/2025			PB (50m pool): 01:28.23 SB: no time		
	<b>2 5 M</b>	<b>5 0 M</b>	<b>7 5 M</b>	<b>1 0 0 M</b>	
PB		00:46.51		01:37.34	
	00:46.51		00:50.83		
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Coach feedback:

<b>Event number: 8: 100M BREASTSTROKE WOMEN 11+</b>				<b>Heat:3, starttime: 16:03</b>	
<b>Heat: 3/4 Lane : 7 Athlete: DEVUYST OONA</b>				<b>Q-time: 01:24:87</b>	
PB (25m pool): 01:24.87 Temse 17/11/2025			PB (50m pool): 01:27.17 SB: 01:24.87 Temse 17/11/2025		
	<b>2 5 M</b>	<b>5 0 M</b>	<b>7 5 M</b>	<b>1 0 0 M</b>	
PB		00:39.69		01:24.87	
	00:39.69		00:45.18		
	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 8: 100M BREASTSTROKE WOMEN 11+</b>				<b>Heat:3, starttime: 16:03</b>	
<b>Heat: 3/4 Lane : 8 Athlete: JUNGBLUTH ELISE</b>				<b>Q-time: 01:25:08</b>	
PB (25m pool): 01:23.51 Brugge 20/10/2024			PB (50m pool): 01:27.46 SB: 01:25.08 Diksmuide 08/02/2026		
	<b>2 5 M</b>	<b>5 0 M</b>	<b>7 5 M</b>	<b>1 0 0 M</b>	
PB		00:38.96		01:23.51	
	00:38.96		00:44.55		
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Coach feedback:

<b>Event number: 9: 100M BREASTSTROKE MEN 11+</b>				<b>Heat:1, starttime: 16:07</b>	
<b>Heat: 1/2 Lane : 6 Athlete: DAUWE LARS</b>				<b>Q-time: 01:25:34</b>	
PB (25m pool): 01:25.34 Diksmuide 28/12/2025			PB (50m pool): 01:25.51 SB: 01:25.34 Diksmuide 28/12/2025		
	<b>2 5 M</b>	<b>5 0 M</b>	<b>7 5 M</b>	<b>1 0 0 M</b>	
PB		00:39.90		01:25.34	
	00:39.90		00:45.44		
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Coach feedback:

# Fin Henri Lecluyse: Session: 1: COACH evaluation sheet for TEAM: ROSC

<b>Event number: 10: 100M BREASTSTROKE MIXED 10-9</b>				<b>Heat:1, starttime: 16:11</b>	
<b>Heat: 1/1 Lane : 5 Athlete: QUARTIER QUINN</b>				<b>Q-time: 01:44:62</b>	
PB (25m pool): 01:48.39 leper 04/01/2026			PB (50m pool): 01:44.62 SB: 01:48.39 leper 04/01/2026		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:50.86		01:48.39	
	00:50.86		00:57.53		
	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 11: 100M BACKSTROKE WOMEN 11+</b>				<b>Heat:1, starttime: 16:14</b>	
<b>Heat: 1/3 Lane : 6 Athlete: SEGAERT HANNE</b>				<b>Q-time: 01:24:34</b>	
PB (25m pool): 01:24.34 Diksmuide 28/12/2025			PB (50m pool): 01:25.01 SB: 01:24.34 Diksmuide 28/12/2025		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:41.71		01:24.34	
	00:41.71		00:42.63		
	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 11: 100M BACKSTROKE WOMEN 11+</b>				<b>Heat:2, starttime: 16:17</b>	
<b>Heat: 2/3 Lane : 4 Athlete: RYCKEMAN ELLA</b>				<b>Q-time: 01:14:19</b>	
PB (25m pool): 01:14.13 Diksmuide 12/10/2025			PB (50m pool): 01:14.19 SB: 01:14.13 Diksmuide 12/10/2025		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		no time		01:14.13	
	no time				
	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 12: 100M BACKSTROKE MEN 11+</b>				<b>Heat:2, starttime: 16:24</b>	
<b>Heat: 2/4 Lane : 1 Athlete: FERKET AIDAN</b>				<b>Q-time: 01:23:74</b>	
PB (25m pool): 01:24.93 Diksmuide 28/12/2025			PB (50m pool): 01:23.74 SB: 01:24.93 Diksmuide 28/12/2025		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:42.06		01:24.93	
	00:42.06		00:42.87		
	.....	.....	.....	.....	

Coach feedback:

# Fin Henri Lecluyse: Session: 1: COACH evaluation sheet for TEAM: ROSC

<b>Event number: 12: 100M BACKSTROKE MEN 11+</b>				<b>Heat:3, starttime: 16:27</b>	
<b>Heat: 3/4 Lane : 6 Athlete: STAELENS TYLER</b>				<b>Q-time: 01:14:59</b>	
PB (25m pool): 01:15.58 Temse 17/11/2025			PB (50m pool): 01:14.59 SB: 01:15.58 Temse 17/11/2025		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:36.86		01:15.58	
	00:36.86		00:38.72		
	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 12: 100M BACKSTROKE MEN 11+</b>				<b>Heat:3, starttime: 16:27</b>	
<b>Heat: 3/4 Lane : 8 Athlete: SEGAERT KOBE</b>				<b>Q-time: 01:16:31</b>	
PB (25m pool): 01:16.65 Veurne 19/10/2025			PB (50m pool): 01:16.31 SB: 01:16.65 Veurne 19/10/2025		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:37.53		01:16.65	
	00:37.53		00:39.12		
	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 13: 100M BUTTERFLY WOMEN 11+</b>				<b>Heat:1, starttime: 16:31</b>	
<b>Heat: 1/1 Lane : 7 Athlete: NAESSENS MYRTHE</b>				<b>Q-time: 01:36:88</b>	
PB (25m pool): 01:33.86 Diksmuide 01/12/2024			PB (50m pool): 01:36.60 SB: no time		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:41.78		01:33.86	
	00:41.78		00:52.08		
	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 14: 100M BUTTERFLY MEN 11+</b>				<b>Heat:1, starttime: 16:34</b>	
<b>Heat: 1/2 Lane : 5 Athlete: LAFORCE LANDER</b>				<b>Q-time: 01:18:99</b>	
PB (25m pool): 01:25.07 leper 04/01/2026			PB (50m pool): 01:18.99 SB: 01:25.07 leper 04/01/2026		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:37.15		01:25.07	
	00:37.15		00:47.92		
	.....	.....	.....	.....	

Coach feedback: